

# Overdose

**from prescription pain relievers/opioids  
can happen to anyone.**

## **HOW TO PREVENT OPIOID OVERDOSE:**

- **Do not take more than prescribed. Follow all directions provided from your pharmacist. Resuming the use of opioid pain medication after a period of non-use can increase the risk of overdose.**
- **Be sure your health care provider knows exactly what else you are taking. Do not mix opioids with other medication or alcohol unless approved by your health care provider.**
- **If you or a family member are at risk of opioid overdose, ask your health care provider about the overdose reversal drug naloxone.**
- **Dispose of unused/expired medication at your local drug take back box.**

**For more information on overdose please visit [www.ddap.pa.gov](http://www.ddap.pa.gov)**

