



# WOMEN AND CHILDREN'S ANNUAL REPORT

*State Fiscal Year 2015-2016*



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Act 65 of 1993 authorizes the Pennsylvania Department of Drug and Alcohol Programs to establish and fund residential drug and alcohol treatment programs for pregnant women and women with dependent children. The Department contracts with local county-level grantees called Single County Authorities (SCAs) to authorize the expenditure of the federal Substance Abuse Prevention and Treatment (SAPT) Block Grant allocations for Women with Children and Pregnant Women to include all levels of care that offer specific services to this population. Such services are SAPT Block Grant requirements.

Consistent with that mandate, the Department supports programs designed for women accompanied by their children. In addition to therapies dealing with substance use disorders, the women and children programs offer training in parenting, social and life skills development, family therapy or family reunification and other activities related to their rehabilitation. Children are given age appropriate education regarding substance abuse, and, if school age, they are enrolled in a nearby school. Women and children programs across the Commonwealth have worked diligently to establish a positive working relationship with staff from the local school districts so that the children are served in the best possible way. Additionally, programs across the continuum of care have been developed within individual SCAs by willing providers that offer similar services at a level of intensity appropriate to individual types of service.

Expected outcomes for women-centered and need-specific programming for women and children include:

- Development of knowledge and skills to maintain a self-directed recovery and abstinence from alcohol and other drugs;
- Education and life skills to become productive members of society;
- Prevention and education for accompanying children;
- Reduction in perinatal addictive disorders;
- Reduction in acute health care costs;
- Reduction in legal system involvement and criminal behavior;
- Reduction in unemployment;
- Reduction in homelessness;
- Development of parenting skills for mothers; and,
- Improved communication skills for mothers and children.

During the course of FY 2015-16, service capacity for women and women with children was as follows:

*(Note: The numbers are conditional upon space and the number of people residing at each facility at any given time.)*

- 20 halfway houses have the capacity to serve 354 women / 66 children.
  - 3 of the 20 halfway houses serve both women and men with the capacity to serve 20 women.
  - 17 of the 20 halfway houses are women-specific with the capacity to serve 298 women.
    - 3 of these 17 women-specific halfway houses serve women with children with the capacity to serve 36 women / 66 children.
- 14 women with children inpatient residential programs with the capacity to serve 245 women / 512+ children.
- 18 inpatient residential facilities serving only women or who have specifically identified women's service tracks with the capacity to serve 500 women.

SCAs are contractually required to provide access to a full continuum of care and provide preferential services for this population. As a result, a number of treatment providers have developed gender-specific

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components to existing programs that serve the needs of this population either on-site or by referral to appropriate agencies. Age-appropriate prevention programs for the children of women in treatment are provided as well through agreements with prevention providers or specially trained child development staff.

During FY 2015-16, there were 14 residential women with children programs:

- Family Links, Inc. in Allegheny County
- Family Links, Inc. – Family Treatment Center in Allegheny County
- Gaudenzia, Inc. – Fountain Springs in Schuylkill County
- Gaudenzia, Inc. – Kindred House in Chester County
- Gaudenzia, Inc. – Vantage House in Lancaster County
- Gaudenzia, Inc. – Winner Co-occurring Women and Children Program in Philadelphia County
- Gaudenzia, Inc. – New Image in Philadelphia County
- Interim House West in Philadelphia County
- Libertae, Inc. – Libertae Family House in Bucks County
- My Sister's Place, Thomas Jefferson University in Philadelphia County
- RHD Family House in Montgomery County
- RHD Family House NOW (New Options For Women) in Philadelphia County
- Samara House of CYWA in Chester County
- Sojourner House, Inc. in Allegheny County

In addition, there were 20 halfway house programs that provided services to women. Five of these facilities can accommodate pregnant women; three of these five facilities are able to accommodate women with their children:

- Abstinent Living at the Turning Point at Washington, Inc. in Washington County
- Abstinent Living at the Turning Point at Washington, Inc. – Julie's House in Washington County
- Alternative Counseling Associates, Inc. in Montgomery County
- Catholic Charities Diocese of Harrisburg, Inc. (Evergreen House) in Dauphin County
- Clem-Mar House, Inc. in Luzerne County
- Cove Forge Renewal Center in Cambria County
- Gatehouse for Women in Lancaster County
- Gateway Rehab – CeCe's Place in Beaver County
- Good Works Life Recovery House in Fayette County
- Gaudenzia, Inc. – Erie, Community House in Erie County
- Gaudenzia, Inc. – New Destiny in Schuylkill County
- Gaudenzia, Inc. – Washington House in Philadelphia County
- Harwood House in Delaware County
- Interim House, Inc. in Philadelphia County
- Libertae, Inc. – Libertae Family House in Bucks County
- Lighthouse for Women of Greenbriar Treatment Center in Washington County
- Pyramid Healthcare, Inc., Tradition House in Blair County
- PA Organization for Women in Early Recovery (POWER) in Allegheny County
- The Highland House, Inc. in Lawrence County
- Treatment Trends, Inc. Half-way Home of the Lehigh Valley in Lehigh County

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There were also 18 facilities across the Commonwealth that provided residential women-specific treatment tracks:

- Brightwater Landing in York County
- Caron Treatment Centers in Berks County
- Conewago Snyder in Snyder County
- Eagleville Hospital in Montgomery County
- Freedom Center for Women at Turning Point in Venango County
- Gateway Rehabilitation Center in Beaver County
- Gaudenzia, Inc. – Together House in Philadelphia County
- Gaudenzia, Inc. – West Chester in Chester County
- Just Believe Recovery Center in Lackawanna County
- Kirkbride Center in Philadelphia County
- Mountain Laurel Recovery Center in Tioga County
- Pyramid Healthcare, Duncansville in Blair County
- Pyramid Healthcare, Langhorne in Bucks County
- Resources for Human Development (RHD) – Womanspace in Montgomery County
- Resources for Human Development (RHD) – Womanspace in Philadelphia County
- Teen Challenge for Ladies in Philadelphia County
- Turning Point Chemical Dependency Treatment Center in Franklin County
- Twin Lakes Center in Somerset County

The Department continued to host the women’s treatment forum, a venue designed to educate and inform drug and alcohol treatment providers about the current gender-specific needs and issues surrounding the women they serve as well as possible resources to assist with such practices. It is an opportunity to bring treatment providers together annually to discuss women-centered and need-specific programming for women and children, as well as share best practices for the provision of treatment services to women. In March 2016, the conference included several noteworthy speakers, including the Department’s Secretary Gary Tennis and actress and singer Mackenzie Phillips. The workshops provided information on a variety of topics related to women and children affected by substance abuse, including the opioid epidemic, trauma/violence, and HIV/Hepatitis.