

### **FREE CERTIFICATION SEMINAR ON COGNITIVE BEHAVIORAL THERAPY (Limited Seating)**

The Department of Drug and Alcohol Programs is pleased to announce a certification seminar in Cognitive Behavioral Therapy (Rational Living Therapy). This comprehensive 3-day seminar, led by Dr. Aldo Pucci, takes the best of the cognitive-behavioral approaches and delivers them in a very systematic manner so attendees can begin implementing it immediately. Dr. Pucci, Psy.D., DCBT is President of the National Association of Cognitive-Behavioral Therapists (<http://www.nacbt.org>) and founder of the Rational Living Therapy Institute.

Seminars include a comprehensive manual, certification, and 18 continuing education hours from the National Board of Certified Counselors (NBCC), the National Association of Cognitive-Behavioral Therapists (NACBT), and the Pennsylvania Certification Board (PCB). To register, all trainees must agree to participate in monthly supervision sessions, to be scheduled by Dr. Pucci, for six months. Supervision sessions (which are one-hour in length) are conducted via telephone conference call involving other trainees. To qualify for full credit and certification, each trainee is expected to present cases to the supervisor for discussion during each supervision session. The supervisor will record and monitor each trainee's participation in the supervision sessions. These calls will provide ongoing support in the implementation of learned strategies and ongoing feedback for clinical skill strengthening.

#### **Seminar dates:**

**Eastern region:** March 11<sup>th</sup>, 12<sup>th</sup>, 13<sup>th</sup>, 2019 (8:30am to 4:00pm) – Wyndham Philadelphia Bucks County-4700 E. Street Road, Feasterville-Treose, PA 19053

**Central region:** April 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 2019 (8:30am to 4:00pm) – Holiday Inn Williamsport-100 Pine Street, Williamsport, PA 17701

**Western region:** April 29<sup>th</sup>, 30<sup>th</sup> and May 1<sup>st</sup>, 2019 (8:30am to 4:00pm) – Courtyard by Marriot Erie Bayfront-2 Sassafras Pier, Erie, PA 16507

**Important:** Although any clinical professional can attend this seminar, only persons with a Master's Degree (or graduate student) in a behavioral health profession will receive full CBT certification. Clinicians who do not hold a master's level degree or higher will receive a paraprofessional certificate. All participants will receive PCB hours. ***All credit is contingent upon full participation in monthly supervision calls as indicated above.***

Seating is limited! Please register now in DDAP's Training Management System - <https://apps.ddap.pa.gov/TMS/>

All questions relative to this opportunity can be forwarded to [RA-DATRaining@pa.gov](mailto:RA-DATRaining@pa.gov) or (717) 736-7452.