



2020 NATIONAL RECOVERY MONTH TWITTER CHAT

Participant guide

It is especially important during these challenging times that we spread hope to those who are struggling and provide information and resources to assist individuals with an active SUD or those in early recovery. With that, we invite you to participate in our 2020 Recovery Month Twitter Chat.

WHEN & WHERE

Thursday, September 17, 2020 at 2 PM

Pennsylvania Department of Drug and Alcohol Programs Twitter:

<https://twitter.com/PADrugAlcohol>

HASHTAGS

Please use the two hashtags below along with each response.

- #RecoveryIsPossible
- #RecoveryMonth

QUESTIONS

Below are the questions we plan to ask during the chat. We'll wait about 7-8 minutes between questions for participants to respond.

- Introduce yourself.
- Q1: What does recovery mean to you?
- Q2: Why is National Recovery Month important?
- Q3: How does stigma hold people back from getting help?
- Q4: How can we combat racial injustice in the drug and alcohol field?
- Q5: What are recovery supports and why are they important?
- Q6: How can we all help individuals in the recovery process?
- Q7: How does year's theme: ***Celebrating Connections*** relate to recovery?
- Q8: Anything further you'd like to add? (i.e. resources, advice)

CHAT STRUCTURE

As you can see above, each question has “Q[number of question]” at the beginning. To keep the conversation easy to follow, please respond to the respective question with “A[number of question]”.

GRAPHICS

Below is a graphic that will go out a few times before 9/17 as a save the date. Feel free to publicize as you see fit!



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TWITTER CHAT**

Thursday, Sept. 17 at 2 PM

**Help us spread hope that
recovery is possible!**

#RecoveryMonth #RecoveryIsPossible

 **pennsylvania**
DEPARTMENT OF DRUG AND
ALCOHOL PROGRAMS