

UPMC LIFE
CHANGING
MEDICINE



Health and Safety Consequences of Psychostimulant Use

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Medical Director, Pittsburgh Poison Center

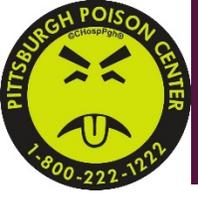
Assistant Professor of Emergency Medicine, Toxicology, and Pediatrics

University of Pittsburgh



Objectives

- Discuss the root causes and neurobiology of substance use
- Understand the pharmacology and effects of stimulants and hallucinogens
- Describe the presentation and treatment of stimulant and hallucinogen toxicity
- Review trends in the use, misuse, and overdose on stimulants, hallucinogens, and synthetic analogues



Neurobiology of Addiction

- Genetic
 - Increased risk in first degree relatives of individuals with any substance use disorder
- Psychosocial
 - Increased environmental availability and decreased perceived threat
 - Physical and/or psychological trauma
 - Impaired coping mechanisms
- Pharmacologic
 - Dopamine-mediated reward
 - Tolerance
 - Long term changes in stress response pathways

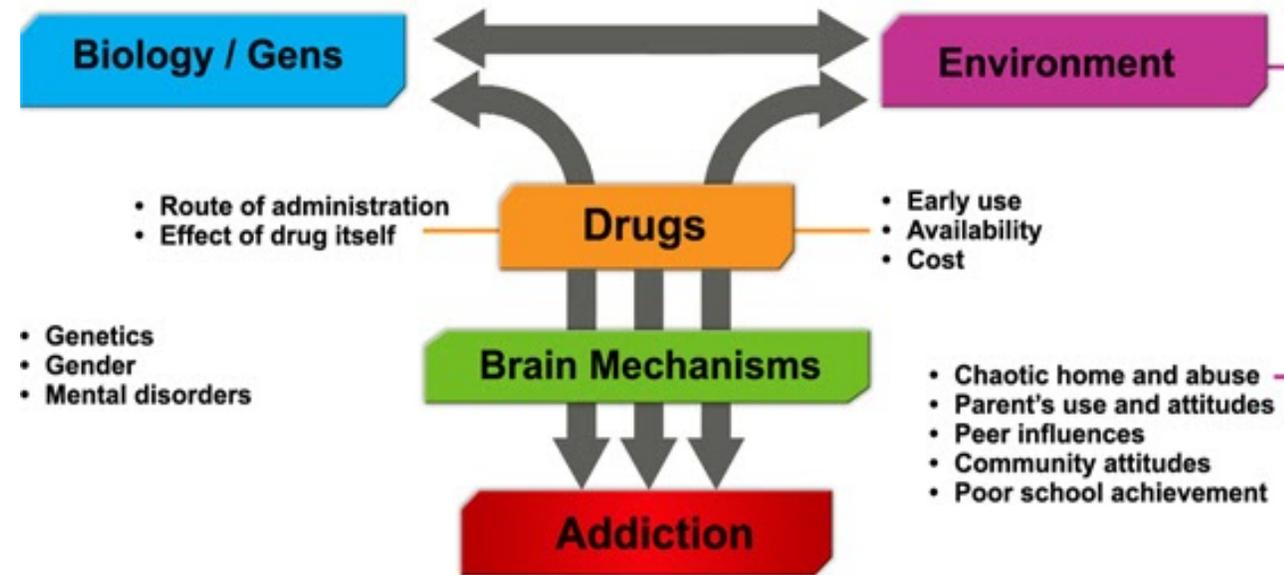
Development of Addiction

- Nature vs. Nurture?

YES!

- 23-54% due to genetics in multiple studies^{1,2}
- 25% attributable to family environmental factors
- 44% attributable to non-family environmental factors

Factors Leading to Addiction





Environmental Risk Factors for Addiction Development

- Adolescent exposure to drugs or heavy drinking
- Low socioeconomic status
- Lack of social support systems
- Parental drug or alcohol use
- Parental depression
- Peer/sibling influences
- Drug availability
- School and neighborhood characteristics
- Trauma (ACES)

ACES can have lasting effects on....



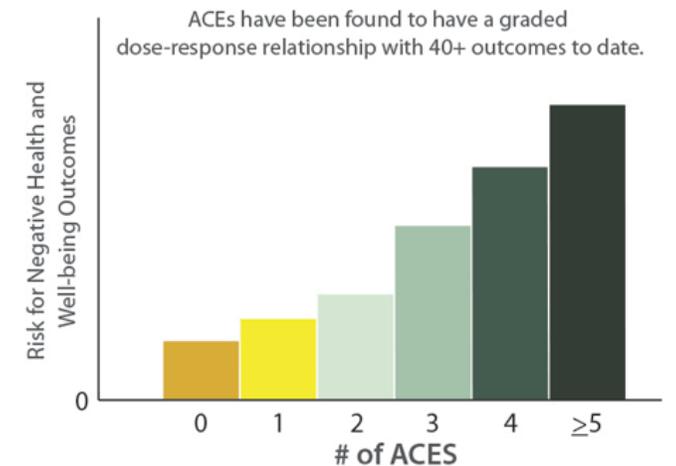
Health (obesity, diabetes, depression, suicide attempts, STDs, heart disease, cancer, stroke, COPD, broken bones)



Behaviors (smoking, alcoholism, drug use)



Life Potential (graduation rates, academic achievement, lost time from work)



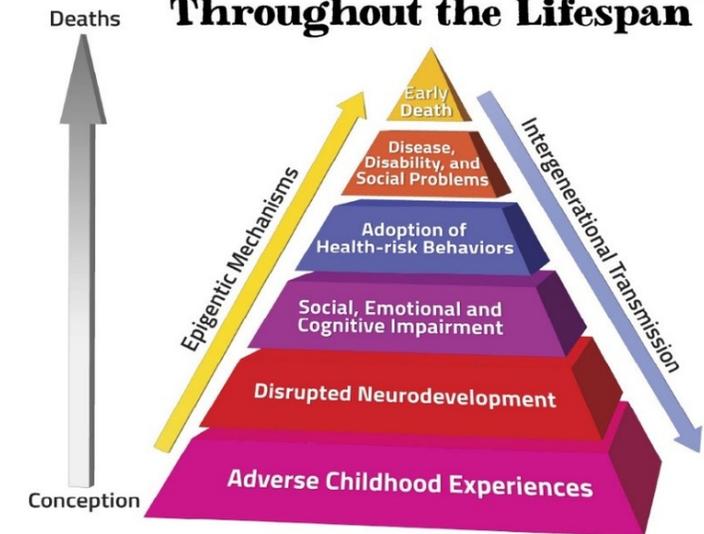
*This pattern holds for the 40+ outcomes, but the exact risk values vary depending on the outcome.



ACES Through the Generations

- ~8 million children live with an adult who has a substance use disorder¹
- Parents with SUD are 3x more likely to physically or sexually abuse their children
- From 1999-2014, incidence of parental substance use as a reason for child removal **doubled** (15.8→31.8%)²
- From 2004-2013, incidence of neonatal abstinence syndrome more than **tripled** (7 cases/1,000 admissions → 27 cases/1,000 admissions)³

Mechanisms by which Adverse Childhood Experiences Influence Health and Well-being Throughout the Lifespan



Slide Courtesy of Rob Anda, MD, MS

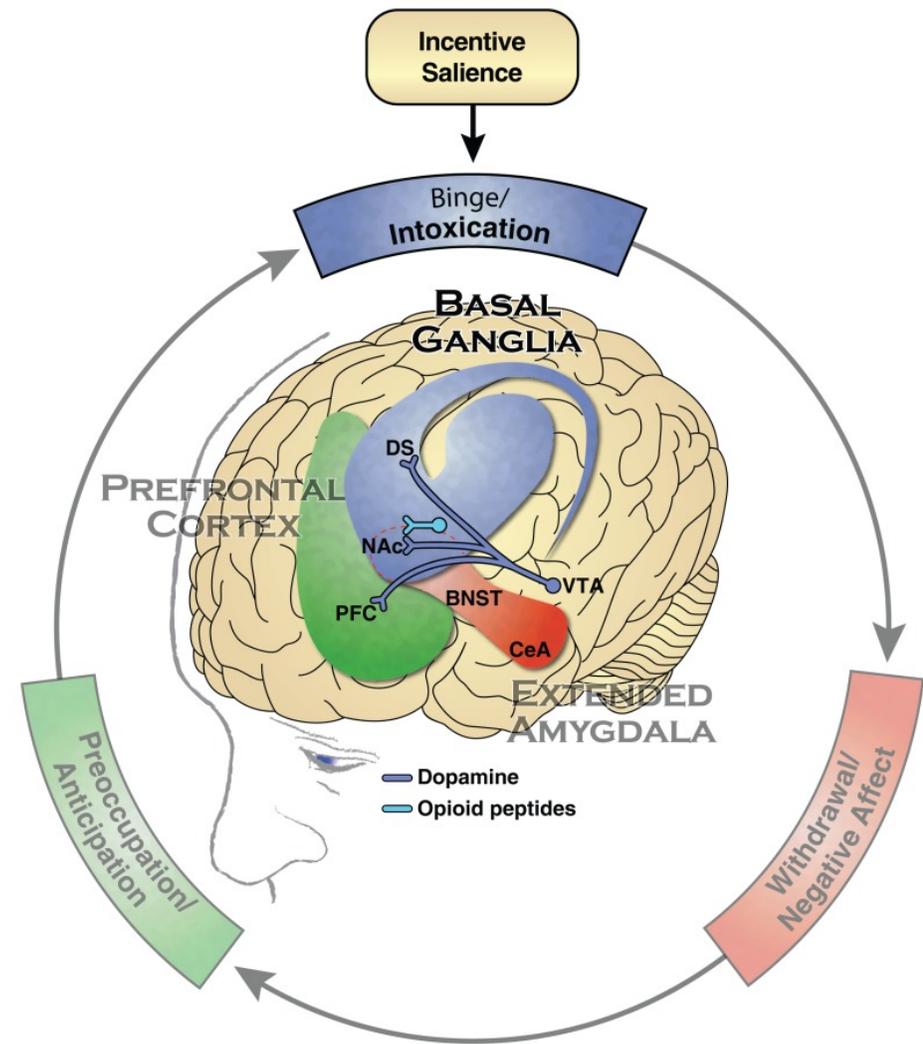
1. Lander L, Howsare J, Byrne M. The impact of substance use disorders on families and children: From theory to practice. *Social Work in Public Health* 28 (2013): 194-205

2. <http://www.ncsl.org/research/human-services/substance-abuse-and-child-welfare-resources.aspx>

3. Tolia VN, Patrick SW, Bennett MM, Murthy K, Sousa J, Smith PB, Clark RH, Spitzer AR. Increasing incidence of the neonatal abstinence syndrome in U.S. neonatal ICUs. *N Engl J Med*. 2015 May 28; 372(22): 2118-26

Neuropharmacology of Drug Addiction

- Neurotransmitters Involved
 - Dopamine
 - Opioid
 - GABA
 - Glutamate
 - Serotonin
 - Acetylcholine
 - Endocannabinoids
 - Enkephalins
 - Norepinephrine
 - Corticotropin-releasing factor
 - Dynorphin
 - Neuropeptide Y





Stimulant Purity and Availability

- Cocaine and methamphetamine purity and availability have increased
- Price per gram has also decreased

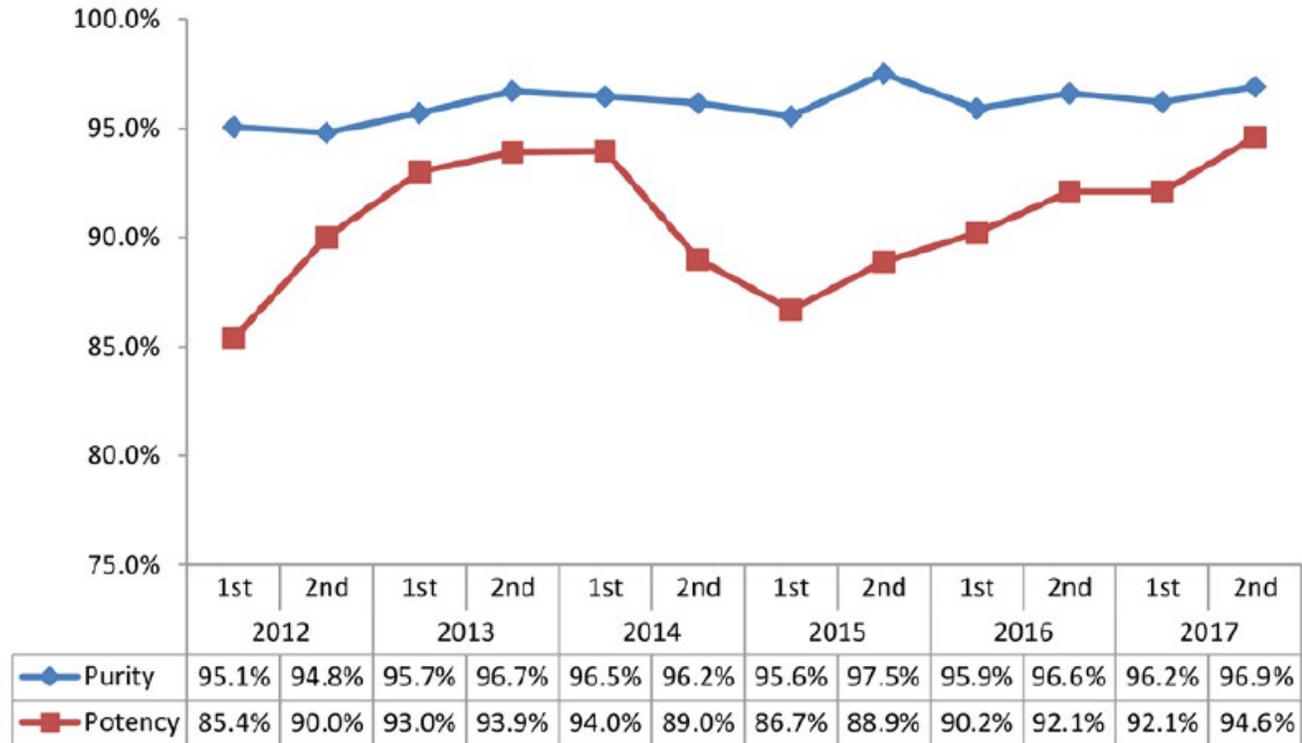
PRICE & PURITY OF DOMESTIC METH

Jan. 2007 - Mar. 2015



Source: DEA

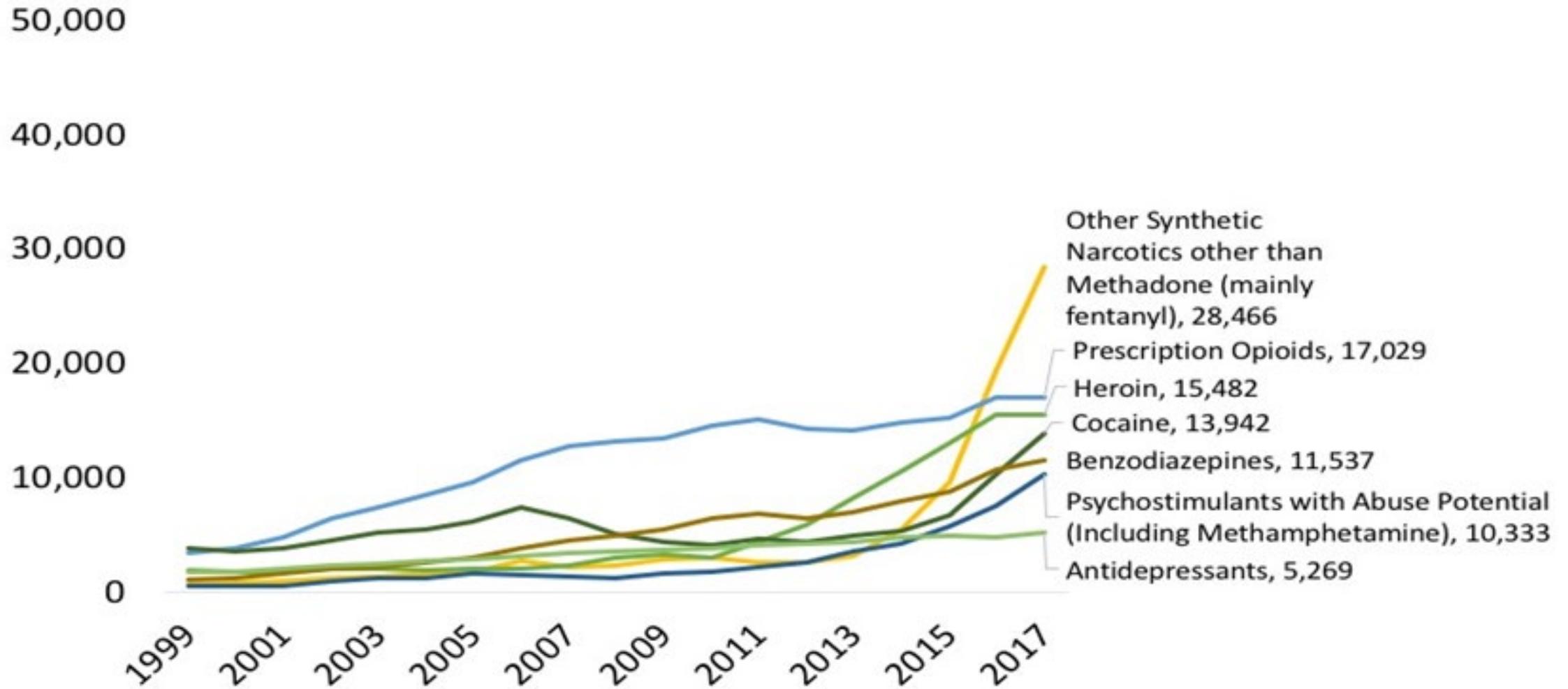
Figure 70. Methamphetamine Purity and Potency.



Source: DEA Methamphetamine Profiling Program



Substances Associated with Overdose Deaths



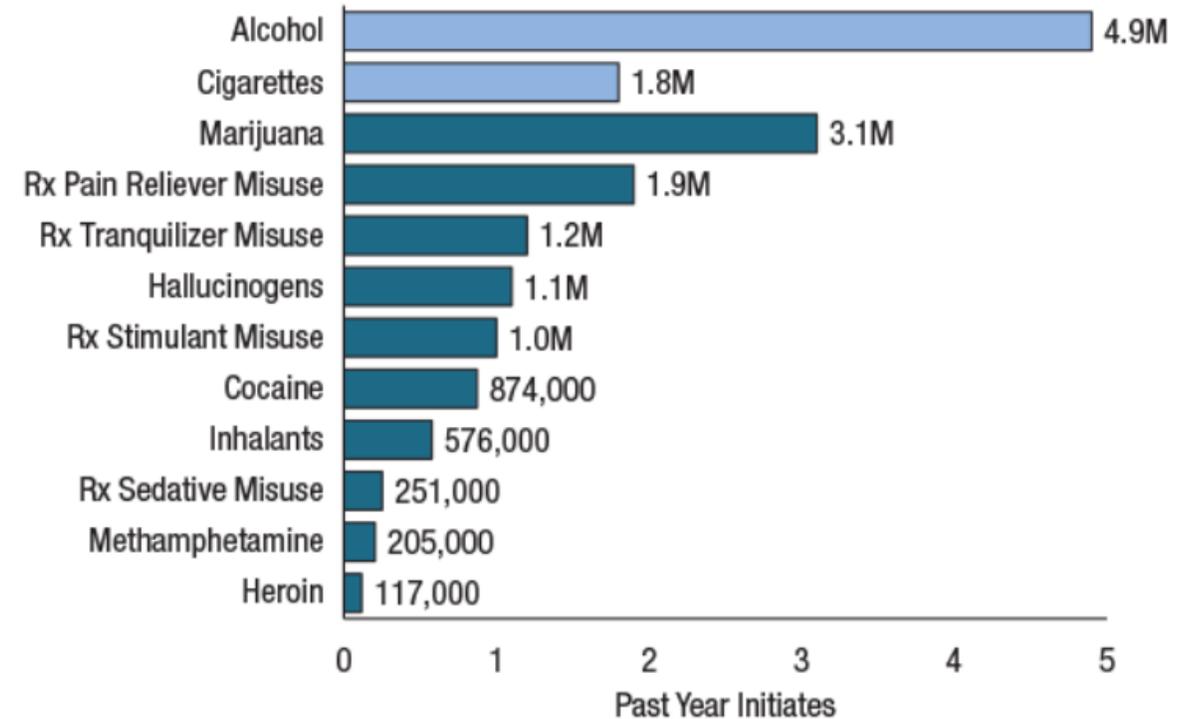
Source: : Centers for Disease Control and Prevention, National Center for Health Statistics. Multiple Cause of Death 1999-2017 on CDC WONDER Online Database, released December, 2018



Stimulant Misuse

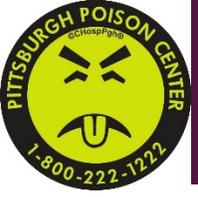
- New stimulant misuse surpasses new opioid misuse
- 2,079,000 vs. 2,017,000

Figure 26. Past Year Initiates of Substances among People Aged 12 or Older: 2018



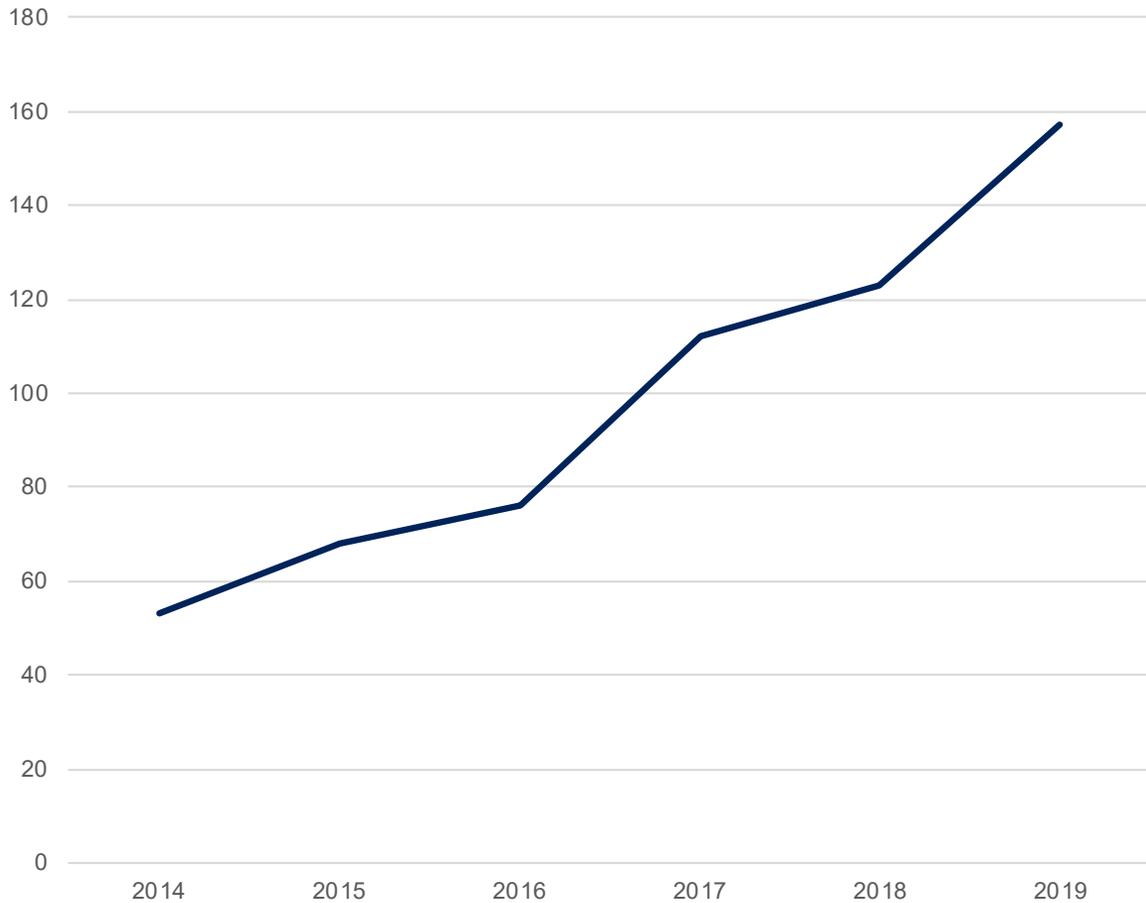
Rx = prescription.

Note: Estimates for prescription pain relievers, prescription tranquilizers, prescription stimulants, and prescription sedatives are for the initiation of misuse.

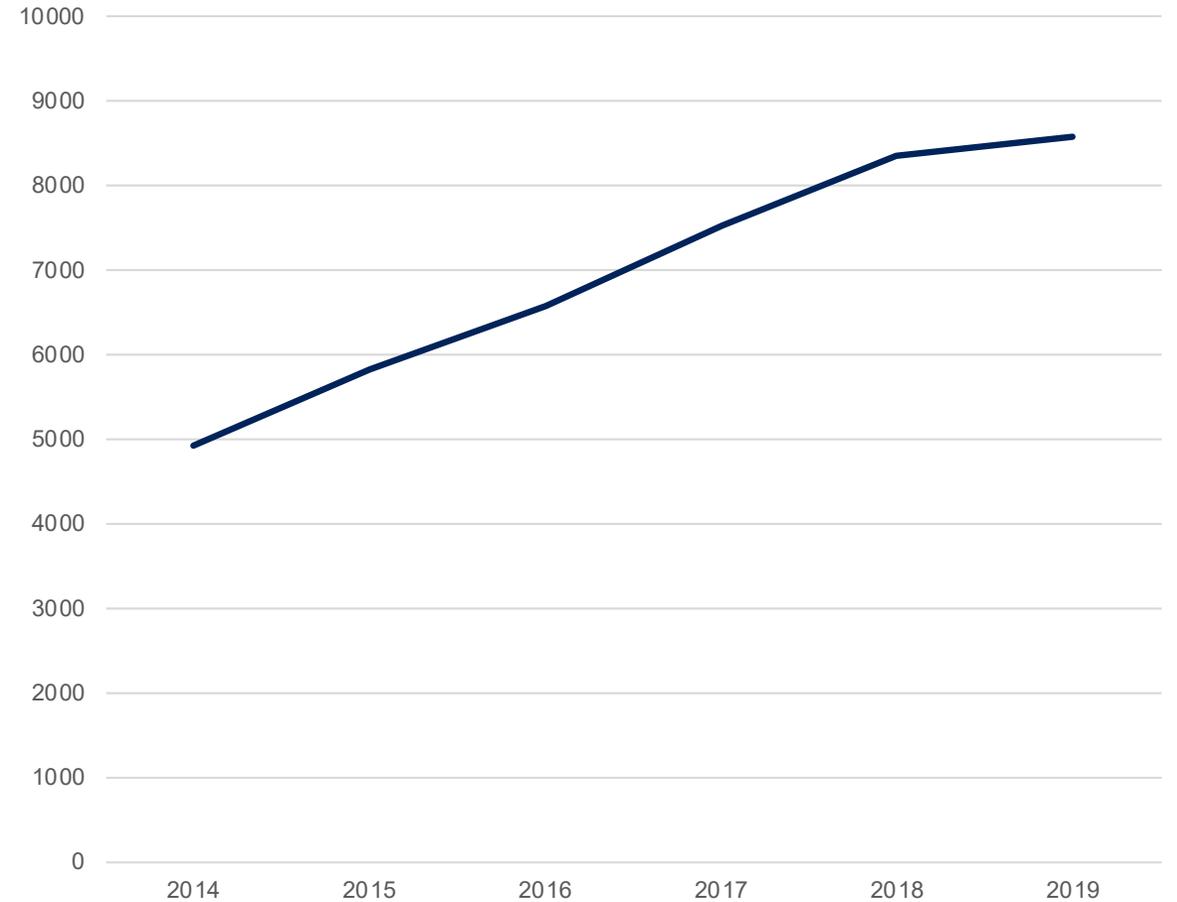


Methamphetamine Exposures Reported to Poison Centers-PA and U.S.

PA Poison Center Methamphetamine Exposures



AAPCC Methamphetamine Exposures

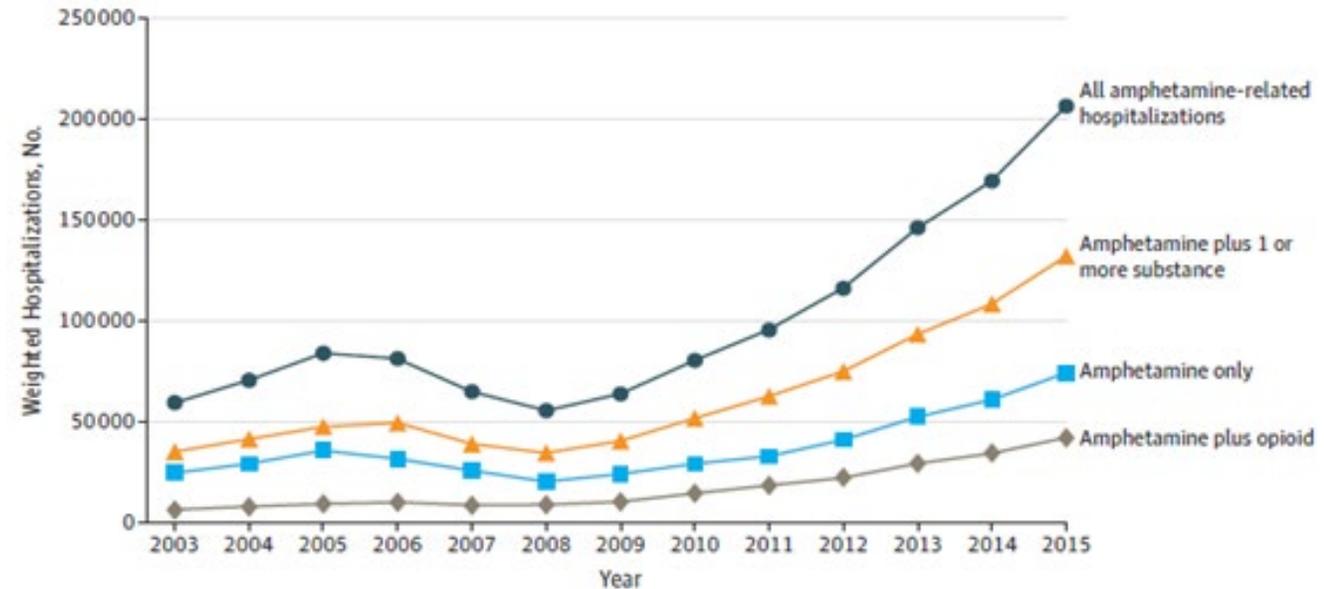




Hospital Costs Associated with Stimulants

- Amphetamine-related hospital costs increased almost 400% from 2003 to 2015¹
 - 2003: ~\$436 million
 - 2015: ~\$2.17 billion
- Pennsylvania²:
 - Cocaine related hospitalizations **+27%** from 2016 to 2019
 - Amphetamine related hospitalizations **+66%** from 2016 to 2019

Figure 1. Amphetamine-Related Hospitalizations in the United States, 2003 to 2015



1. Winkelman TNA, Admon LK, Jennings L, Shippee ND, Richardson CR, Bart G. Evaluation of Amphetamine-Related Hospitalizations and Associated Clinical Outcomes and Costs in the United States. *JAMA Netw Open*. Published online October 19, 2018;1(6):e183758
2. Hospitalizations for Opioid Overdose: Three-Year Review. PA Health Care Cost Containment Council. September 2019.

Stimulants and Hallucinogens-Examples

- Cocaine
- Amphetamines, Rx and illicit
- Methamphetamine
- Cathinones (“bath salts”)
- Synthetic hallucinogenic stimulants
 - 25i-NBOMe (“N-bombs”, “acid”)
 - 2C, 2C-I
- Dissociative Agents
 - Phencyclidine, methoxetamine
- Serotonergic hallucinogens
 - Dimethyltryptamine (DMT)
 - MDMA (“Molly”)





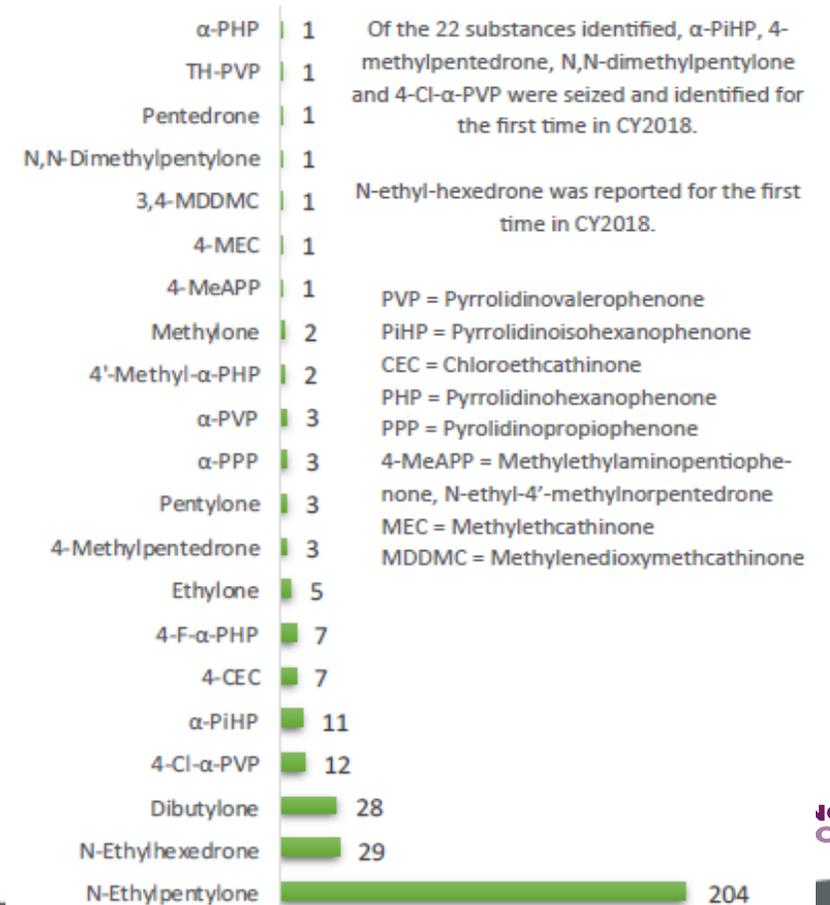
Variety is the Spice of Life

Synthetic Stimulants and Hallucinogens seized by DEA in 2018

- 2C-B
- 25i-NBOMe
- 25B-NBOMe
- 25C-NBOMe
- 2C-H
- 2C-I
- 3-MeO-PCP
- 2F-Deschloroketamine
- 2-Oxo-PCE
- MMMP
- 4-Fluoroamphetamine
- 5-MeO-DALT
- 5-MeO-DIPT

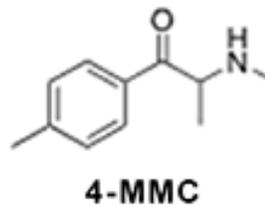
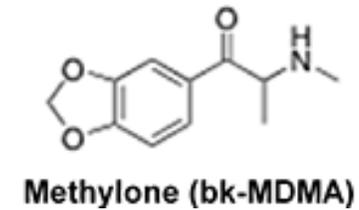
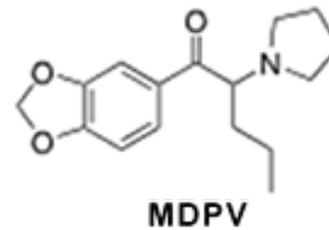
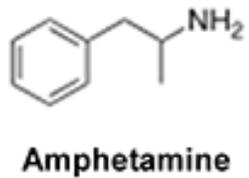
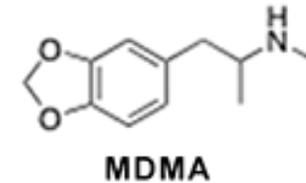
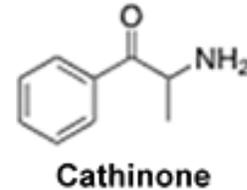
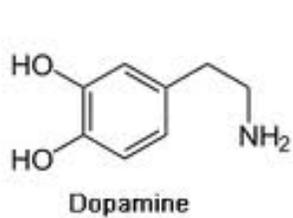
CATHINONES

THERE WERE **327** CATHINONE IDENTIFICATIONS THIS REPORTING PERIOD. N-ETHYLPENTYLONE CONTINUES TO BE THE MOST REPORTED CATHINONE, ACCOUNTING FOR APPROXIMATELY **62%** OF THE IDENTIFICATIONS.



Stimulant Pathophysiology

- Cocaine, amphetamine-based stimulants, and cathinones
- Direct receptor activation
- Inhibition of reuptake of biogenic amines
 - Serotonin
 - Norepinephrine
 - Dopamine
- Toxicity is related to relative effects on each transmitter/receptor system



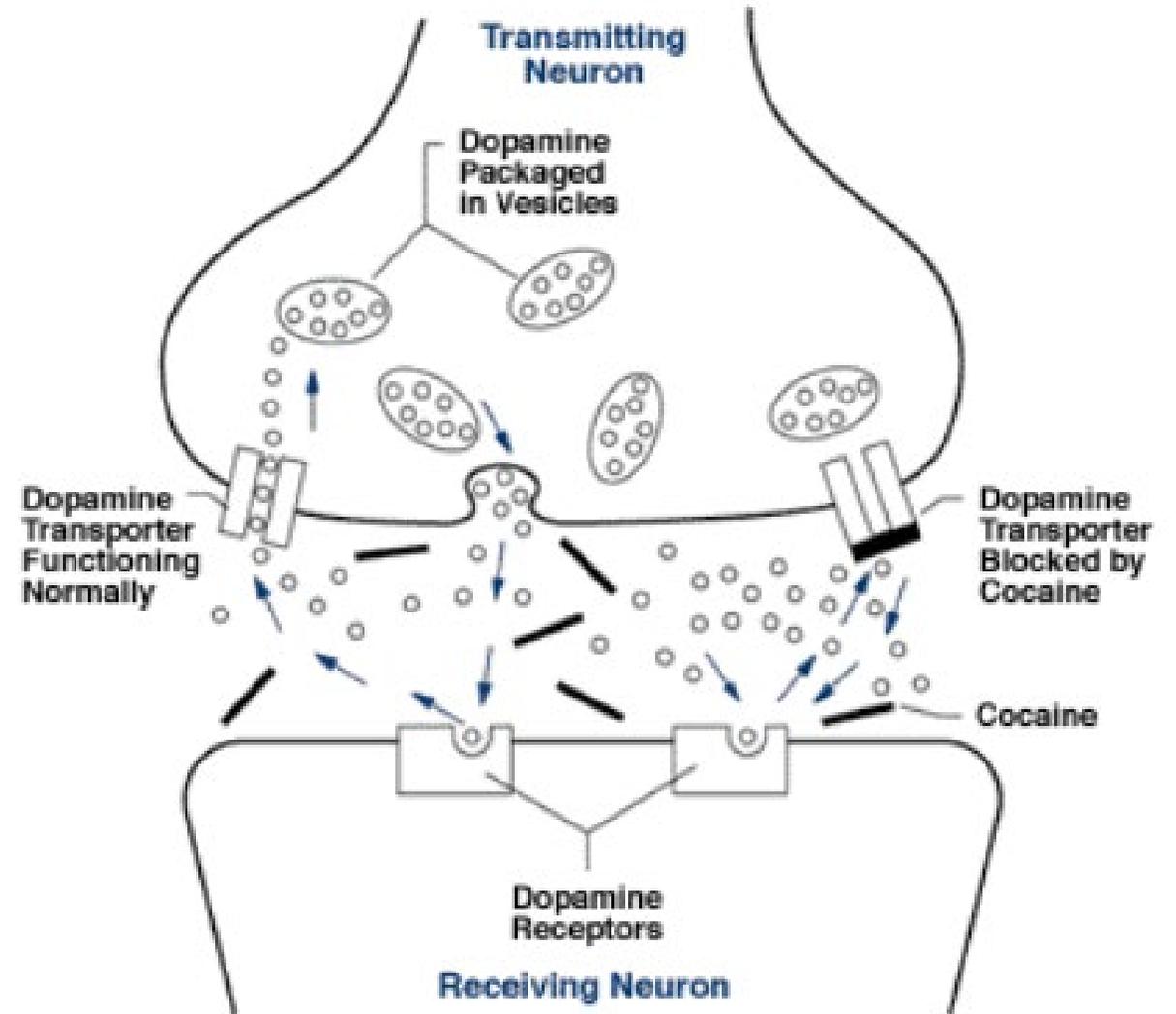
Hallucinogenic Stimulant Pathophysiology- Serotonin

- Variety of serotonin receptor subtypes
- Activation results in euphoria
- Hallucinogenic effects
 - Primarily visual and tactile; synesthesias
- Serotonin syndrome
- SIADH with low sodium (particularly with MDMA)



Stimulant Pathophysiology-Norepinephrine and Dopamine

- Norepinephrine
 - Tachydysrhythmias
 - Agitation
 - Delirium
 - Hypertension
 - Seizures
 - Mydriasis
- Dopamine
 - Tachydysrhythmias
 - Hallucinations (visual and tactile)
 - Choreathetosis



Dissociative Agents

- Ketamine, phencyclidine, dextromethorphan, methoxyphencyclidine, methoxetamine
- NMDA receptor antagonists
 - Dissociated high; out of body
 - Stupor or agitation
 - Analgesic properties
 - Horizontal and vertical nystagmus
 - Tachycardia and mild hypertension
 - Mydriasis





Acute Stimulant Toxicity

- Vital signs:
 - Hypertension and tachycardia
 - **HYPERTHERMIA**
- Agitation, delirium
- Seizures
- Intracranial hemorrhage, myocardial infarction and dysrhythmia
- Rhabdomyolysis
- Metabolic and/or respiratory acidosis
- Mydriasis
- Diaphoresis

Treatment of Hallucinogenic-Stimulant Toxicity

- Control agitation and/or seizures
 - Benzodiazepines
 - Antipsychotics
 - Ketamine
 - Propofol
 - **NO NALOXONE-LIKE ANTIDOTE**
- Airway management as needed
- Once adequately sedated, additional cardiovascular management
- Cooling and hydration



Chronic Stimulant Health Effects

- Pulmonary hypertension
 - 10x increased risk in patients with stimulant use
- Vasculitis
 - Drug-induced
 - Levamisole adulteration
- Increased platelet aggregation
- Atherosclerotic artery disease
- Psychosis



1. Havakuk O, Rezkalla SH, Kloner RA. The Cardiovascular Effects of Cocaine. *J Am Coll Cardiol.* 2017 Jul 4; 70(1): 101-113.
2. Chamarthi G, Lee Loy J, Koratala A. Methamphetamine-induced renal pseudovasculitis: Suspicion is the key. *Clin Case Rep.* 2018 Dec 28; 7(2): 381-382.
3. Ho EL, Josephson SA, Lee HS, Smith WS. Cerebrovascular complications of methamphetamine abuse. *Neurocrit Care.* 2009; 10(3): 295-305.
4. Glasner-Edwards S, Mooney LJ. Methamphetamine psychosis: epidemiology and management. *CNS Drugs.* 2014 Dec; 28(12): 1115-26.

Synthetic Cannabinoids

- Alkylindoles and cyclohexylphenols
- JWH, HU, and CP series Compounds
 - Sold as incense or potpourri in the U.S. since ~2010
 - Originally popularized in the U.K. and Europe in the mid-2000s
 - “Spice” and “K2” are common slang
- **Full cannabinoid agonists** leading to potent clinical effects





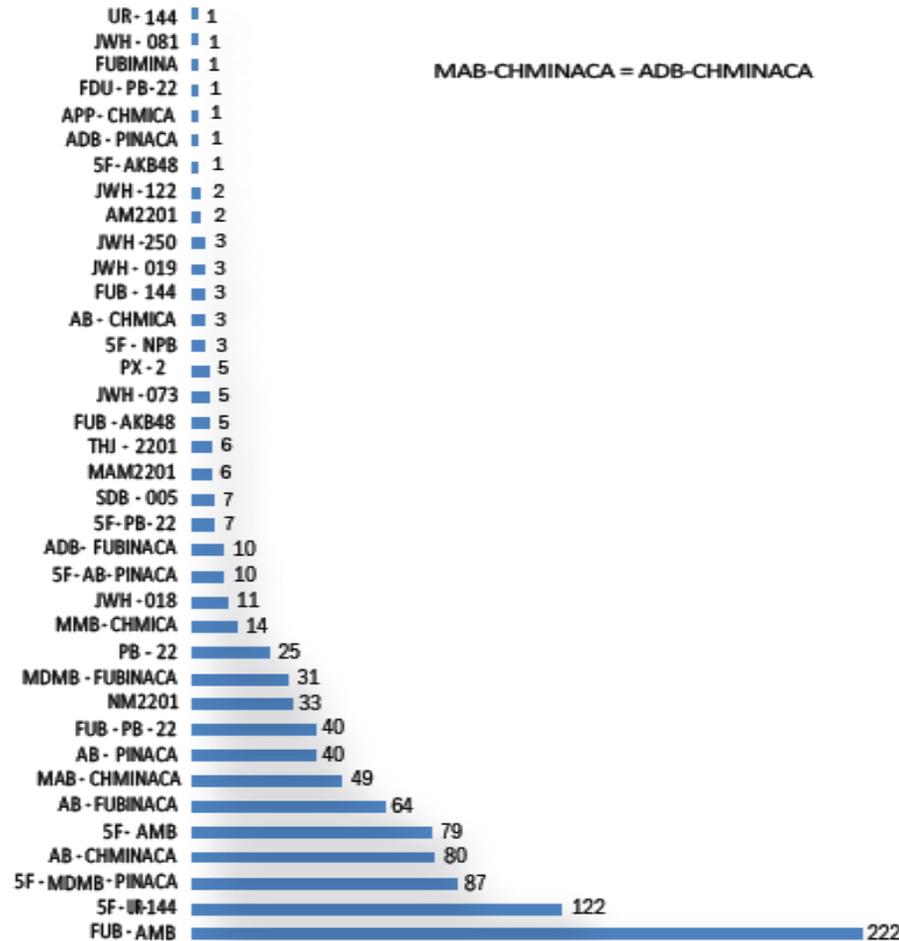
“-INACA” Compounds

- Indazole carboxamides
- Marked increase in use reported in early 2015
- True prevalence difficult to assess given limited testing capabilities
- Chemicals sprayed onto dried vegetative material, e.g. tobacco or marijuana
- ADB-CHMINACA identified in PA overdose patients
 - Allentown area in 4/15/15 with 8 associated deaths
 - ~100 to UPMC Hamot in 10/15-12/15 with ~15% requiring intubation



SYNTHETIC CANNABINOIDS

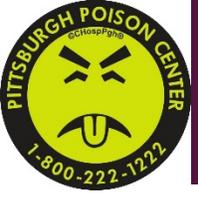
THERE WERE **984** SYNTHETIC CANNABINOID IDENTIFICATIONS IN CY 2016. FUB-AMB AND 5F-UR-144 WERE THE MOST COMMONLY REPORTED SYNTHETIC CANNABINOIDS, ACCOUNTING FOR APPROXIMATELY **34%** OF THE SYNTHETIC CANNABINOID IDENTIFICATIONS DURING THE REPORTING PERIOD. Of the **37** different synthetic cannabinoids identified, three (~8%) of these substances, PX-2, MMB-CHMICA, and AB-CHMICA, were seized and reported for the first time in 2016.



Synthetic Cannabinoid Clinical Effects

- Severe agitation/psychosis
- Delirium
- Sinus tachycardia and hypertension
- Rhabdomyolysis
- Respiratory failure
- Initial agitation often followed by deep sedation





Chronic Cannabinoid Health Effects

- Largely unknown for newer synthetic cannabinoids
- Chronic adverse health effects associated with cannabinoid use
 - Addiction (9% of users; 17% in adolescents)
 - Lower IQ and increased dropout rates in adolescents
 - Diminished life satisfaction and achievement
 - Chronic bronchitis
 - Increased risk of psychosis



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[Marijuana](#)

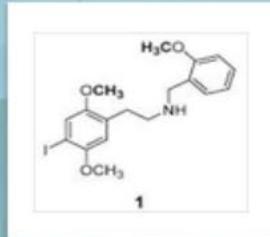
DISCOUNT:

30% from 100 grams to 999 grams 50% from 1000 grams and above
All Products in this Category are "Not for Human Consumption" and should be used for chemical research only.

Top Sellers

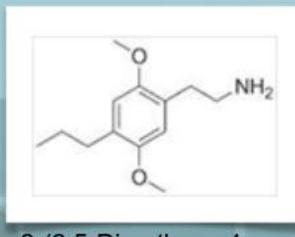
- 25I-NBOMe
- MDPV
- Crystal Meth
- Methylone
- Phenazepam
- Pure Bundle
- Eight Ballz
- iHigh White
- Weed
- Pulse
- C Original
- Methiopropamine
- Tiger Blood
- Crystal Clean
- White Lady

all different amounts ranging from 5gm to 1kg retail and also large amounts at wholesale prices, orders will be sent next day delivery.
Shipping from multiple warehouses: China, EU, USA, Russia



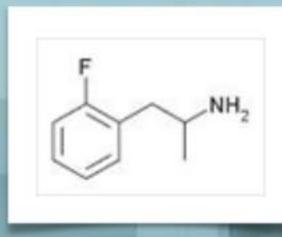
2,5-dimethoxy-4-iodophenethylamine
2C-I (10g) \$200
2C-I (100g) \$650
2C-I (500) \$1800
2C-I (1kg) \$2500

[Buy Now](#)



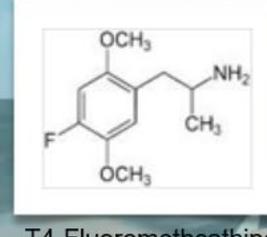
2-(2,5-Dimethoxy-4-propylphenyl)ethanamine
2C-P (10g) \$180
2C-P (50g) \$350
2C-P (100g) \$550
2C-P (1kg) \$2500

[Buy Now](#)



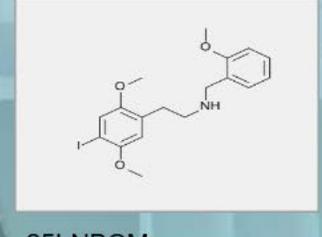
D2Fluoromethamphetamine
2-FMA (100g) \$450
2-FMA (10g) \$150
2-FMA (1kg) \$2400
2-FMA (500g) \$1200

[Buy Now](#)



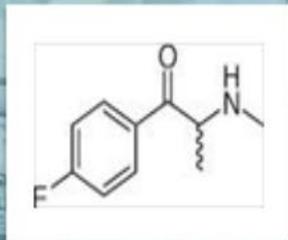
T4-Fluoromethcathinone / Flephedrone
4-FMC (100g) \$450
4-FMC (10g) \$150
4-FMC (1kg) \$2500
4-FMC (500g) \$1500

[Buy Now](#)



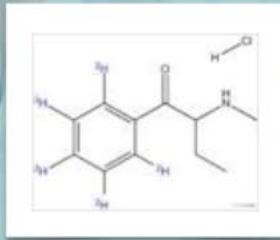
25I-NBOMe
25I-NBOMe
25I-NBOMe (10g) \$250
25I-NBOMe(100g) \$850
25I-NBOMe(1kg) \$4500

[Buy Now](#)



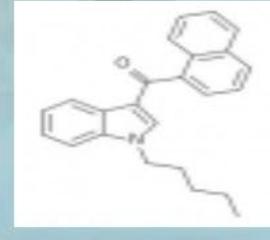
2-(Ethylamino)-1-(4-methylphenyl)propan-1-one
4-MEC (10g) \$180
4-MEC (100g) \$550
4-MEC (1Kg) \$2500
4-MEC (500g) \$1400

[Buy Now](#)



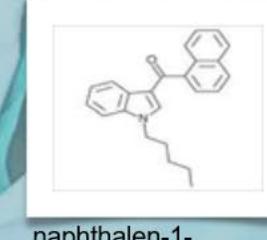
2-(methylamino)-1-phenylbutan-1-one
Buphedrone 10g \$200
Buphedrone 100g \$550
Buphedrone 1kg \$2500
Buphedrone 500g \$1500

[Buy Now](#)



Naphthalen-1-yl-(1-pentylindol-3-yl)methanone
JWH-018 (10g) \$220
JWH-018 (100g) \$700
JWH-018 (1kg) \$3000
JWH-018 (500g) \$1800

[Buy Now](#)



naphthalen-1-yl-(1-butylindol-3-yl)methanone
JWH-073 (10g) \$150
JWH-073 (100g) \$550
JWH-073 (1kg) \$2500
JWH-073 (500g) \$1300

[Buy Now](#)



Crystal Meth (10g) \$250
Crystal Meth(100g) \$950
Crystal Meth(500g) \$2800
Crystal Meth(1kg) \$5000

[Buy Now](#)

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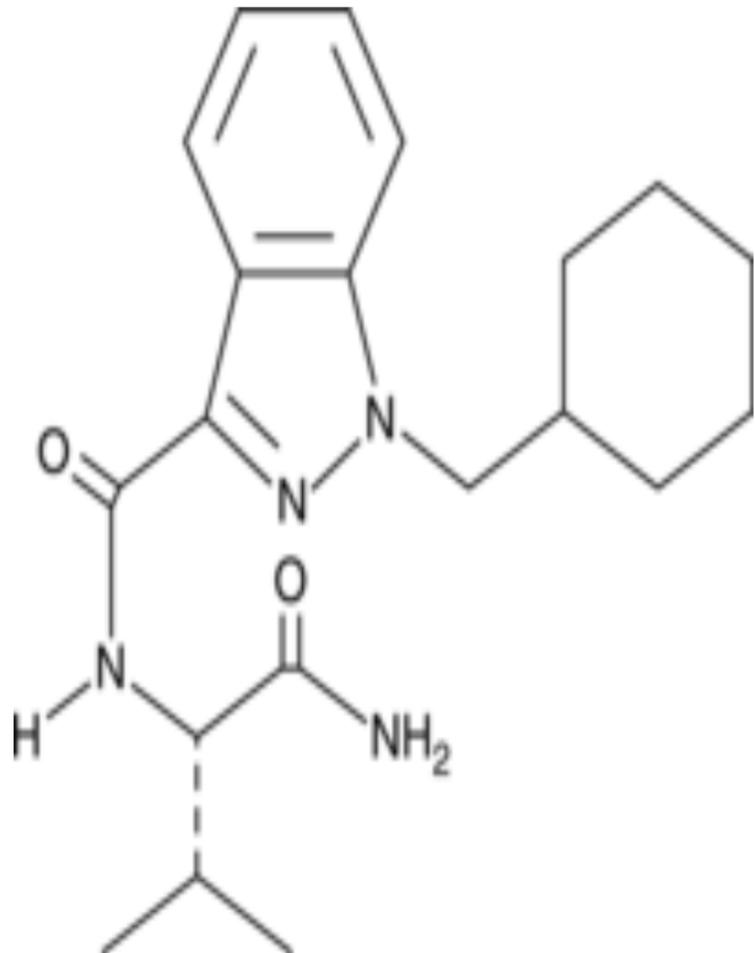


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AB-CHMINACA

\$20.00 *Per Gram*

Formal Name : N-[(1S)-1-(aminocarbonyl)-2-methylpropyl]-1-(cyclohexylmethyl)-1H-indazole-3-carboxamide

CAS Number : 1185887-21-1

Molecular Formula : C₂₀H₂₈N₄O₂

Formula Weight : 356.5

Formulation : A crystalline solid

Purity : ≥98%

λ_{max} : 210, 303 nm

Stability : 2 years

1

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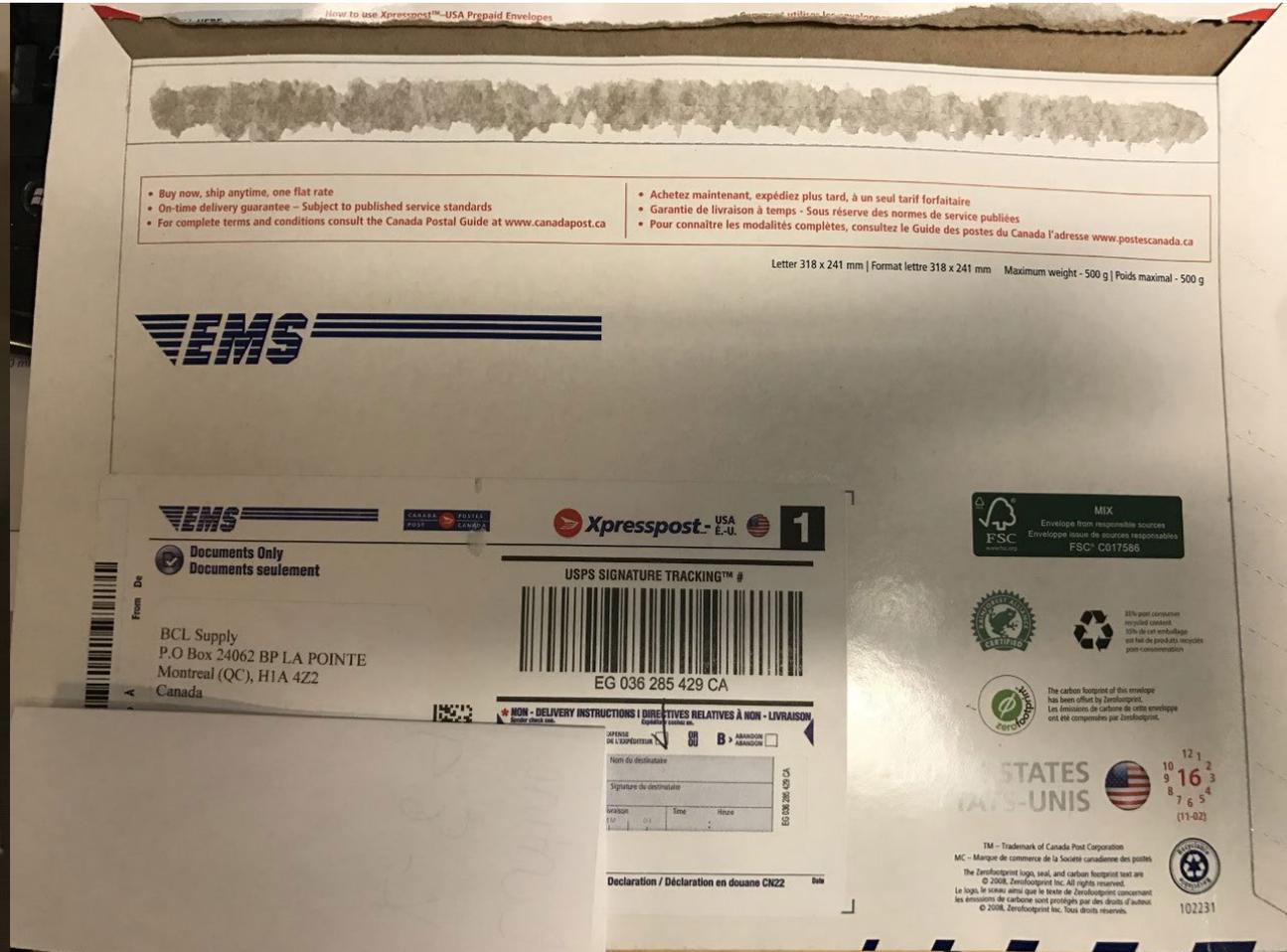
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Thank you!

