

# GET HELP NOW

Are you or a loved one suffering from substance use disorder?



**1-800-662-HELP(4357)**

Free, confidential, 24/7, 365-day-a-year treatment referral and information service.



**[bit.ly/PADAreferral](https://bit.ly/PADAreferral)**

Online tool to help you connect with drug/alcohol treatment and support services in your area.

