

## **Virtual Training Opportunity!**

### **Recognizing Vicarious and Secondary Trauma for Professionals (Compassion Fatigue)**

The Pennsylvania Department of Drug & Alcohol Programs (DDAP) is pleased to provide a live virtual training on **Compassion Fatigue, Recognizing Vicarious and Secondary Trauma for Professionals**.

**When** June 23<sup>rd</sup> 9:00am to 11:00am OR June 30<sup>th</sup> 9:30am-11:30am

#### **How to Attend**

The two dates above have been scheduled and are available for registration in DDAP's [online](#) Training Management System (TMS) by selecting 'Course Search', then 'Compassion Fatigue, Recognizing Vicarious & Secondary Trauma for Professionals'. Once registered in TMS, a webinar invitation and link for the date you select will be forwarded to the email address listed in your TMS account.

#### **Recognizing Vicarious and Secondary Trauma for Professionals**

**Trainer: Lakeside Global Institute**

The emotional and physical cost of being an engaged and empathetic professional can be an occupational hazard. In this two-hour virtual workshop participants will:

- Identify and distinguish between the various ways trauma impacts professionals
- Recognize signs and symptoms of secondary traumatic stress for individuals and organizations
- Distinguish the difference between compassion fatigue and empathy fatigue
- Discover risk and protective factors related to secondary and vicarious trauma
- Develop a self-care plan

Considering the potential impact of vicarious and secondary trauma, compassion fatigue and burn-out, professionals are provided with critical steps in identifying signs and symptoms of each. Additionally, practical skills and a commitment to self-care are an integral part of this interactive workshop.

If you have additional questions, please contact us at [RA-DATRaining@pa.gov](mailto:RA-DATRaining@pa.gov).

Thank you,

DDAP Training Section