

New Training Opportunity!

Substance Use Disorders & PTSD: Research-Based Strategies & Treatments

The Pennsylvania Department of Drug & Alcohol Programs (DDAP) is pleased to announce the availability of a new online training module, Substance Use Disorders (SUD) and Post Traumatic Stress Disorder (PTSD): Research-Based Strategies & Treatments. This module was developed in conjunction with the Cognitive Behavioral Institute.

This new training focuses on knowledge, treatments, and strategies for helping individuals who have comorbid PTSD and SUD. Research regarding the prevalence of PTSD, risk factors, and outcomes are provided to help participants understand the impact of PTSD within the context of SUD treatment. Diagnostic criteria and conceptual models are presented to describe the development and maintenance of PTSD symptoms and the relationship of PTSD symptoms to SUD. Overviews of empirically supported treatments are presented to help clinicians make informed decisions regarding future clinical and training opportunities. Evidence-based practices and skills are presented in the context of trauma treatment so that clinicians can promptly begin implementing new treatment methods. This module will provide 3 hours of continuing education.

How to Access the Online Training

Visit <https://www.train.org/pa/welcome> then follow these steps (if you already have an account in TrainPA, you may log in and skip to step 7):

1. Click Create an Account
2. Enter a username, password, and the identifying information requested, then click Next Step
3. Select the county where you primarily work, then click Confirm
4. Select "Other public health professional (my functional role isn't listed)", then click Confirm
5. Type "Drug" in the search field, then select PA Department of Drug and Alcohol Programs employees, then click Confirm
6. Click Finish Creating Account. This will log you into the TrainPA site.
7. Click Courses under the Search column on the left side of the page
8. Type "DDAP" into the search bar, then press Enter
9. Select PA-DDAP: Substance Use Disorders & PTSD: Research-Based Strategies & Treatments
10. Click Launch

Any questions regarding the training should be directed to the DDAP Training Section by emailing ra-datrainig@pa.gov or calling 717-736-7452.